

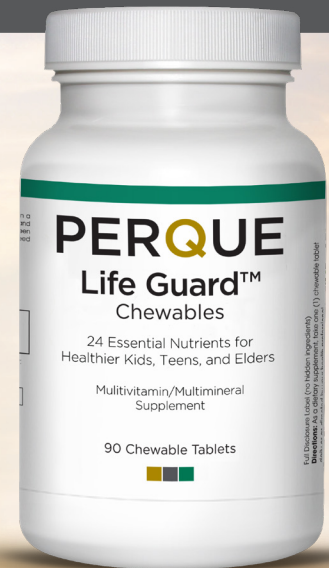
Multivitamin/Multimineral

BIOACTIVE MULTIVITAMIN/MULTIMINERAL  
FOR THOSE WHO PREFER A CHEWABLE

**PERQUE®**

**Life Guard™ Chewables**

ALL NATURAL CHEWABLE  
COMPREHENSIVE FORMULA  
24 NUTRIENTS FOR KIDS



### HEALTHY, TASTY CHEWABLES

For many parents, the need for supplementation is obvious. Fast food, a mainstay for so many children, simply does not provide the nutrition that young people need. While supplements cannot replace a good diet, **PERQUE Life Guard Chewables**, formulated for children, lower the risks associated with a poor diet.\*

There are two sets of criteria that can be used to evaluate a supplement, which are not always satisfied in commercial brands.\* **PERQUE Life Guard Chewables** meet both of the following needs:

- Parents are concerned with what is in the supplement and how it will benefit their child.\*
- Children are primarily concerned with the taste and texture of what is being put into their mouths.

Contrary to popular belief, pleasant taste can be achieved without the empty calories of refined sugar. **PERQUE Life Guard Chewables** are

flavored only with a small amount of natural cane juice for a unique and pleasing flavor.

Many children's multivitamin/mineral formulas contain only a few (usually 10-11) essential nutrients and have very poor bioavailability.\*

**PERQUE Life Guard Chewables** include 24 essential nutrients. **Only the PERQUE complete formula** includes the following important nutrients for children that others leave out.\*

- **Chromium** aids in sugar metabolism.\*
- **Silica** promotes bone, hair, skin, and connective tissue health.\*
- **Manganese** is important for sugar metabolism and bone and connective tissue health.\*
- **Biotin** promotes proper fat, protein, and sugar metabolism.\*

Feel the **PERQUE** Difference!

# Multivitamin/Multimineral

What you don't find in supplements is often just as important as what you do find. **PERQUE Life Guard Chewables are free of iodine, iron, and copper. These nutrients should always be taken separately.** When included in a daily foundational multi-vitamin formula, they can oxidize the antioxidants and cause free radical damage. Additionally, iron should always be taken separately as it competes with calcium and zinc.\*

## SOME ADULTS PREFER CHEWABLES.

**PERQUE Life Guard Chewables are not only complete for kids, but offer a viable alternative for adults as well.** Many adults do not like to swallow pills. For individuals who are in need of detoxification and are required to build up their dosage slowly, **PERQUE Life Guard Chewables** offer greater control in dosing.\*

## SETTING A HIGHER STANDARD

**PERQUE Life Guard Chewables are an exceptionally pure product, using only pharmaceutical grade ingredients.** These ingredients are combined in biologically correct proportions, with the natural transporters and cofactors necessary for **maximum activity.** This means much more active uptake and utilization.\*

The Food and Drug Administration (FDA) does not regulate the activity of vitamins. Consequently, vitamins need not be manufactured to pharmaceutical standards or tested for bioavailability. In fact, the tablet binders and fillers that can overwhelm or contaminate active ingredients are often not listed on the label. This is a particularly important issue for individuals who are sensitive. Only **PERQUE** tests its products to guarantee its label claims.\*

**PERQUE Life Guard Chewables** use active vitamin D3, eliminating the question of vitamin D toxicity.

The natural forms of the nutrients in **PERQUE Life Guard Chewables** are suitable for people who are sensitive to the citrus products used in most chewable formulas; **PERQUE Life Guard Chewables** do not contain rose hips or hesperidin (citrus) flavonoids.

## REFERENCES

1. Subar AF, Krebs-Smith SM, Cook A, Kahle LL: Dietary sources of nutrients among US children, 1989-1991. *Pediatrics* 1998 October; 102(4Pt 1): 913-923.

### THE PERQUE GUARANTEE

Like every other **PERQUE** product, **PERQUE Life Guard Chewables** come with a 100%, unconditional, money-back guarantee – the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- All **PERQUE** products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
- Full label disclosure is provided for all **PERQUE** products — no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- Unique post-production assays and clinical bioassays assure product integrity.

### YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

## Full Disclosure Label (no hidden or inactive ingredients)

**Directions:** As a dietary supplement, take one (1) chewable tablet daily or as directed by your health professional.

### SUPPLEMENT FACTS

Serving size: 1 Chewable  
Servings per container: 90

Energized Nutrients	Amount per serving	% Daily Value
Vitamin A (beta-carotene) .....	1500 mcg RAE	167
Vitamin C (100% L-ascorbate, fully reduced, corn free) .....	60 mg.	67
Vitamin D-3 (cholecalciferol) .....	5 mcg.	25
Vitamins E (from mixed natural tocopherols).....	20 mg.	133
Vitamin B-1 (thiamine HCl) .....	5 mg.	417
Vitamin B-2 (riboflavin).....	5 mg.	385
Vitamin B-3 (niacinamide).....	8 mg NE	50
Vitamin B-5 (calcium D-pantothenate).....	5 mg.	100
Vitamin B-6 (pyridoxine).....	5 mg.	294
Vitamin B-12 (hydroxocobalamin).....	5 mcg.	208
Biotin (pure crystalline).....	60 mcg.	200
Folate (as MTHF).....	680 mcg DFE	145
Calcium gluconate .....	50 mg.	4
Magnesium gluconate.....	25 mg.	6
Manganese (as gluconate).....	1 mg.	43
Zinc (as citrate and aspartate).....	5 mg.	45
Chromium (as picolinate and ascorbate).....	2 mcg.	6
Selenium (as selenomethionine).....	2 mcg.	4
Potassium gluconate.....	2 mg.	<1
Choline (citrate).....	2 mg.	<1
Inositol.....	2 mg.	*
PABA (para-aminobenzoic acid).....	0.5 mg.	*
Quercetin dihydrate (water-soluble bioflavonoid).....	10 mg.	*
Silica (from <i>Equisetum arvense</i> ).....	1.5 mg.	*
C16 and C18 alkyls from whole, untreated palm fruit and leaf.....	158 mg.	*
Mannitol.....	220 mg.	*
Organic, whole cane juice.....	775 mg.	*
100% Whole Raspberry Extract.....	45 mg.	*
100% Whole Cherry Extract.....	7 mg.	*

\*Daily value not established

Other Ingredients: None

3/24

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Feel the **PERQUE** Difference!

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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